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The Iowa Special Supplemental Nutrition Program for Women, Infants and Children (WIC) promotes breastfeeding as the optimal feeding method for most infants. For those infants who do consume formula, standard contract formulas Similac Advance and Gerber Good Start Soy are offered.

To comply with USDA and WIC Program policies, other formula requests must have an accompanying documented medical diagnosis with ICD-10 code. The qualifying medical diagnosis must correspond with the medical need of the prescribed formula or food. Please complete the attached Iowa WIC Program Request for Special Formula and Food form. **Be sure to write in the diagnosis with corresponding ICD-10 code** as these are not pre-printed on this form.

Please note, symptoms such as spitting up, milk/formula intolerance, fussiness, gas or picky eating are not considered acceptable medical diagnoses and will not be approved by WIC for issuance of a special formula. WIC cannot provide formula to enhance nutrient intake or manage body weight without underlying medical conditions.

WIC's mission is to provide education and assistance for normal infant/toddler eating patterns. WIC appreciates you taking the time to provide us with the information needed to support the best possible outcome for your patients. If you have any questions please call your local WIC agency. Thank you.

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